

TEACHING VOLLEYBALL

Steps to Success

Barbara L. Viera, MS,
Bonnie Jill Ferguson, MS,
University of Tennessee, Knoxville



Teaching Volleyball: Steps to Success, Barbara L. Viera, Bonnie Jill Ferguson, Leisure Press, 1989, 0880113162, 9780880113168, 235 pages. .

DOWNLOAD [HERE](#)

Success in volleyball , Don Anthony, Nov 5, 1973, Sports & Recreation, 80 pages. .

Insights and strategies for winning volleyball , Mike Hebert, Aug 1, 1991, Sports & Recreation, 210 pages. .

Volleyball fundamentals , Joel Dearing, 2003, Sports & Recreation, 135 pages. Presents an introduction to volleyball, discussing the basic features and rules of the game, and featuring diagrams, photographs, and explanations of various court positions

Bump, set, spike! everybody's volleyball book, Joe Pedersen, Victor Loggins, 1986, Juvenile Nonfiction, 172 pages. Demonstrates the basic skills of passing, setting, blocking, hitting, and serving, describes variations on volleyball, and discusses rules, strategy, and advanced play.

Volleyball Skills & Drills , Kinda Lenberg, 2006, Sports & Recreation, 197 pages. Master volleyball's key techniques help elevate performance in all facets of the sport. Volleyball Skills & Drills teaches the fundamentals to help players master and apply

Winning volleyball drills , William T. Odeneal, 1982, Sports & Recreation, 79 pages. .

Volleyball, the game & how to play it , Gary Rosenthal, Jul 1, 1983, Sports & Recreation, 198 pages. Demonstrates serves, passes and offensive and defensive tactics, recommends a conditioning program, and tells how to avoid injuries.

Volleyball skills and game concepts beginner to advanced, Robert D. Bratton, C. E. Lefroy, 1986, Sports & Recreation, 96 pages. .

Power volleyball , Thomas Slaymaker, Virginia H. Brown, 1983, Sports & Recreation, 109 pages. .

Coaching Youth Volleyball , American Sport Education Program, 2007, Sports & Recreation, 193 pages. Provides information and advice for youth volleyball coaches, discussing the responsibilities of being a coach, communication, rules, equipment, players' safety, teaching and

Teachers and coaches need both the participant's guide and this companion teacher's guide to teach effectively. Teaching Volleyball: Steps to Success follows the same skill progressions as the participant's book and features management and safety guidelines, rating charts for identifying players' skill levels, 105 drills to fit various skill levels, teaching cues to maximize learning, suggestions for identifying and correcting errors, and a complete test bank of written questions.

Data provided are for informational purposes only. Although carefully collected, accuracy cannot be guaranteed. The impact factor represents a rough estimation of the journal's impact factor and does not reflect the actual current impact factor. Publisher conditions are provided by RoMEO. Differing provisions from the publisher's actual policy or licence agreement may be applicable.

arm swing attack line back set ball high block blocker body posture center back Contacts ball Corresponds to Volleyball court cover coverage crosscourt decide Decrease Difficulty defensive player digs dink direction Drill Corresponds end line Equipment ERROR 0 CORRECTION evaluation execute feet floor forearm passes free ball front Group Management hand Increase Instructions to Class jump Keys to Success left back left forward Lower the Success Management and Safety move movement nets off-speed opponent's opposite side overhand floater serve overhead pass partner passer play the ball players Instructions quickly Raise the Success Rating CRITERION BEGINNING right back position right forward roll Safety Tips serve reception server serve set the ball setter sets spike hits sprawl Steps to Success Student Keys Student Options Student Success Goal target area teaching team Instructions team receives throw the ball tion topspin serve toss the ball tosser throw tosses To Decrease underhand serve Weight transfer

Copyright in bibliographic data and cover images is held by Nielsen Book Services Limited, Baker & Taylor, Inc., or by their respective licensors, or by the publishers, or by their respective licensors. For personal use only. All rights reserved. All rights in images of books or other publications are reserved by the original copyright holders.

Score more points with solid fundamentals. Volleyball: Steps to Success provides expert instruction and 99 drills to help you learn and master the basic skills and strategies. By following the book's sequential lessons and studying the 193 illustrations, you'll learn why each skill is important in a competitive setting and how to analyze and correct errors. The drills come with performance goals and a list of key points to remember when executing each drill, and they often include instructions for increasing or decreasing the difficulty of the drill. Part of the highly popular Steps to Success Activity Series, this book will help you develop the skills and confidence you need to compete and win.

2-4 defense 4-2 offense attack line attacker's attempts Success Check back player back row player back set backcourt ball contact ball goes ball high beach volleyball block body posture center back center forward center front Contact ball contact the ball coverage covering the attacker cross-court Decrease defensive player Diagram down-the-line drill allows end line execute forearm pass front row player hard-driven spike height hitting shoulder Increase Difficulty International 4-2 jump left back position left sideline middle attack middle blocker move movement off-speed spike on-hand opponent opponent's court opposite side overhead pass partner passer play the ball quickly receive the serve receiving serve right back position right sideline roll roundhouse serve reception server sets the ball setter sets skills spikes the ball sprawl starting positions step Success Goal successful attacks target area team receives teammate topspin serve Toss the ball tosser underhand serve USAV volleyball W-formation yells free

Portions of this page may be (c) 2006 Muze Inc. Some database content may also be provided by Baker & Taylor Inc. Copyright 1995-2006 Muze Inc. For personal non-commercial use only. All rights reserved. Content for books is owned by Baker & Taylor, Inc. or its licensors and is subject to copyright and all other protections provided by applicable law.