

Don't Be Nice, Be Real: Balancing Passion for Self with Compassion for Others, Kelly Bryson, Elite Books, 2004, 0972002855, 9780972002851, 337 pages. Don't Be Nice, Be Real! is a lively, light approach to a deadly serious subject-our lives. It combines humor, radical wisdom, and new culture spirituality to teach the mechanics and spirit of Nonviolent Compassionate Communication to cure "Niceitis," a hereditary disease. The author has shown that nonviolent communication works wonders, in even the roughest of situations. He's used it with street gangs in San Diego, combined groups of Protestants and Catholics in Northern Ireland, Palestinians and Israelis in the Middle East, and among the Croats, Serbs, and Muslims of the Balkans during the Bosnian war. PTA meetings, business conflicts and marital custody battles call all be utterly transformed by these techniques. This book takes us from behind the wall of culturally conditioned niceness, providing us with the tools we need for self-responsible, non-judgmental, clear and conscious honesty..

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Respectful Parents, Respectful Kids 7 Keys to Turn Family Conflict Into Co-operation, Sura Hart, Victoria Kindle Hodson, 2006, Family & Relationships, 240 pages. A practical handbook that provides seven simple steps to resolving conflicts between parents and children; and includes activities, stories, and helpful resources..

Tuesdays with Morrie An Old Man, a Young Man, and Life's Greatest Lesson, , 2002, Biography & Autobiography, 192 pages. A sportswriter conveys the wisdom of his late mentor, college professor Morrie Schwartz, recounting their weekly conversations as Schwartz lay dying. Reprint. 500,000 first ....

Peaceful Living Daily Meditations for Living with Love, Healing, and Compassion, Mary Mackenzie, Oct 1, 2005, Family & Relationships, 390 pages. Each of the 366 meditations in this gathering of wisdom is designed to move readers away from turmoil, strife, and divisiveness and lead them toward peace, resolution, and ....

Nonviolent Communication Companion Workbook A Practical Guide for Individual, Group Or Classroom Study, Lucy Leu, Sep 1, 2003, Family & Relationships, 224 pages. The companion workbook to Nonviolent Communication provides reviews, activities, and brief assignments that complement the liberating principles of utilizing nonviolent ....

Life-Enriching Education Nonviolent Communication Helps Schools Improve Performance, Reduce Conflict, and Enhance Relationships, Marshall B. Rosenberg, Sep 1, 2003, EDUCATION, 192 pages. Addressing the need for a dynamic change in the formula schools use to mold their students, this groundbreaking guide provides a new approach to education that serves the lives ....

Exhibitionism for the shy show off, dress up, and talk hot, Carol Queen, Jan 1, 1995, Fiction, 241 pages. Writing for women and men of all sexual persuasions who want to enhance their sexual experience, Carol Queen offers encouragement, exercises, and resources for the reader to ....

Raising Children Compassionately Parenting the Nonviolent Communication Way, Marshall B. Rosenberg, Sep 1, 2004, Family & Relationships, 48 pages. Insights and stories fill this invaluable resource for parents, teachers, and others who want to nurture children and also themselves. The tenets of 'Nonviolent Communication ....

The Surprising Purpose of Anger Beyond Anger Management: Finding the Gift, Marshall Rosenberg, Apr 1, 2005, Family & Relationships, 48 pages. The tenets of "Nonviolent Communication" (1892005034) are applied to a variety of settings in these booklets on how to resolve conflict peacefully. Illustrative exercises ....

Ancient Rome How It Affects You Today, Richard J. Maybury, Rick Maybury, Jun 1, 2004, , 111 pages. Ancient Rome discusses what happens when higher law principles and a free market economy are ignored. Mr. Maybury uses historical events to explain current events, including ....

Don't Let Your Emotions Run Your Life How Dialectical Behavior Therapy Can Put You in Control, Scott E. Spradlin, 2003, Family & Relationships, 204 pages. A guide to reigning in out-of-control emotions combines a series of relaxation techniques and stress-relief prescriptions to help readers prevent anger, depression, and anxiety ....

Getting Past the Pain Between Us Healing and Reconciliation Without Compromise, Marshall B. Rosenberg, Sep 1, 2004, Family & Relationships, 48 pages. The tenets of "Nonviolent Communication" are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully ....

The Empathy Factor Your Competitive Advantage for Personal, Team, and Business Success, Marie R. Miyashiro, Oct 1, 2011, Business & Economics, 256 pages. Building on the latest research in brain science, emotional intelligence, and organizational theory, an award-winning communication and organizational strategist answers ....

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