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Modern Arnis: Philippine Style of Stick Fighting, Remy A. Presas, Modern Arnis Press, 1997, 0965779602, 9780965779609, . .

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Ninja, the Invisible Assassins , Andrew Adams, 1970, Sports & Recreation, 190 pages. Describes the history and philosophy of the Ninja, looks at their traditional weapons and tactics, and demonstrates stances, punches, and throws.

The Secrets of Giron Arnis Escrima , , Mar 15, 1998, Biography & Autobiography, 133 pages. The Secrets of Giron Arnis Escrima is both an engaging biography of Leo Giron, and a visual and descriptive survey of his fighting art—•a classical Filipino weapons and empty

Wing Chun Kung-fu , J. Yimm Lee, 1972, Sports & Recreation, 223 pages. Edited by Bruce Lee and featuring jeet kune do legend Ted Wong, this book introduces the reader to the sil lim tao form, the immovable-elbow and centerline theories, chi sao

Nunchaku Karate Weapon of Self-defense, Fumio Demura, 1971, Sports & Recreation, 143 pages. In this classic text, martial arts icon Fumio Demura demonstrates with hundreds of detailed photographs and illustrations the fluid striking, blocking, twisting, and pinching

Art of the Steel Telescoping Baton Tie Gun Lian Shi, Hei Long, 2009, Sports & Recreation, 157 pages. Tie Gun Lian Shi is the Art of the Steel Telescoping Baton. Tie Gun, which literally means "Iron Stick" blends modern technology with the ancient art of stick fighting. In this

Bo Karate Weapon of Self-defense, , 1976, Sports & Recreation, 183 pages. Fumio Demura covers stances, striking, blocking, combinations, sparring, and an entire bo kata..

Arnis Self-Defense Stick, Blade, and Empty-Hand Combat Techniques of the Philippines, Jose G. Paman, 2007, Sports & Recreation, 178 pages. One of only a few books on the subject written by a native-born Filipino author, Arnis Self-Defense offers a twofold, interrelated focus. It first looks at the unique Filipino

Filipino Martial Arts Cabales Serrada Escrima, Mark V. Wiley, 1994, Sports & Recreation, 151 pages. Grandmaster Angel Cabales, one of the Philippines most famous Escrimadors, survived countless death matches to be the first to teach Escrima in the United States. This is the

A short history of the Filipino people , Teodoro A. Agoncillo, Oscar M. Alfonso, University of the Philippines, 1960, , 629 pages. .

Nunchaku in Action , Joseph C. Hess, 1983, Sports & Recreation, 224 pages. Law-enforcement officer Joseph C. Hess-expert in goju-ryu, Okinawan karate, gung fu, judo, aikijitsu and jujutsu, and former full-contact karate champion-takes his knowledge of

Stick fighting: self-defense , Bruce Tegner, Jun 1, 1972, Sports & Recreation, 127 pages. .

Arnis history and development of the Filipino martial arts, Mark V. Wiley, Jul 5, 2001, Sports & Recreation, 182 pages. The Filipino martial tradition, its history, cultural perspective and technique, makes for a rich and fascinating story. This is the first book to delve deeply into that legacy

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