
William Glasser, M.D.

**POSITIVE
ADDICTION**

**The author of REALITY THERAPY and
TAKE EFFECTIVE CONTROL OF YOUR LIFE
tells you how to gain strength and
self-esteem through positive behavior**

POSITIVE ADDICTION, William Glasser, M.D., HarperCollins, 2010, 0062046810, 9780062046819, 176 pages. The author of Reality Therapy and Take Effective Control of Your Life shows readers how to gain strength and self-esteem through positive behavior..

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The Exercise Fix , Richard Benyo, 1990, , 145 pages. Expert Richard Benyo offers positive treatment for exercise addiction -- an addiction that can have significant negative effects on an athlete's life..

Adolescent Gambling , Mark Griffiths, 1995, Psychology, 304 pages. In this first book to address the issue of underage gambling, Mark Griffiths has carried out extensive research into why some adolescents get hooked on gambling, how they

Schools Without Fail , William Glasser, M.D., Feb 1, 2011, Education, 256 pages. The author of the bestselling Reality Therapy offers daring recommendations to "shake up educators" (Alexander Bassin)..

The Language of Choice Theory , William Glasser, M.D., Nov 16, 2010, Psychology, 128 pages. In this companion volume to the bestselling Choice Theory, Dr. William Glasser and his wife, Carleen Glasser, have imagined typical conversations in real-life situations

Warning: Psychiatry Can Be Hazardous to Your Mental Health , William Glasser, M.D., Nov 16, 2010, Psychology, 288 pages. How psychopharmacology has usurped the role of psychotherapy in our society, to the great detriment of the patients involved. William Glasser describes in Warning: Psychiatry

Reality Therapy for Addictions With Robert Wubbolding (Video) , Robert Wubbolding, Oct 1, 2003, , . Eight therapy-specific videos co-developed by Dr. Jon Carlson and Dr. Judy Lewis to fill an important need in the field of addiction counseling. Each instructional tape

Getting Together and Staying Together Solving the Mystery of Marriage, William Glasser, M.D., Carleen Glasser, Nov 16, 2010, Psychology, 160 pages. The facts are nothing short of startling--no matter how many people seem to walk down the aisle, the divorce rate in America is at a record high. What's the secret to getting

Choice Theory in the Classroom , William Glasser, M.D., Nov 16, 2010, Education, 160 pages. William Glasser, M.D., puts his successful choice theory to work in our schools--with a new approach in increasing student motivation. "Dr. Glasser translates choice theory

Feeling good about yourself a guide for people working with people who have disabilities, , 1981, Family & Relationships, 80 pages. .

Restore your life a living plan for sober people, Anne Geller, M. J. Territo, Mar 1, 1991, Psychology, 370 pages. One of the foremost authorities in the U.S. on the subject of addiction offersthe most complete guide available for dealing with the recovery process. Thisis the first book of

<http://eduln.org/12154.pdf>
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