

Faith in the Valley

LESSONS FOR
WOMEN ON THE
JOURNEY TO PEACE

Iyanla Vanzant

AUTHOR OF ACTS OF FAITH AND ONE DAY MY SOUL JUST OPENED UP

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Faith in the Valley: Lessons for Women on the Journey to Peace, Iyanla Vanzant, Simon and Schuster, 2001, 0743226453, 9780743226455, 320 pages. Beloved friend, When this little book was first published many years ago, it became a beacon of light for many people who found themselves time and time again in one valley or another. Valleys are nothing new for any of us. Some of you may be in a valley right now, or, since you never know what's around the corner, you may be on the brink of tottering into yet another valley. Or maybe you've just survived a valley that you swear you'll never revisit -- but guess what? That's precisely the valley you'll probably see again. And again. Being in a valley can be a lonely and bewildering experience. This book was written to help you feel less lonely by reminding you that you really aren't ever alone since God is always by your side, but more important, you are always by your own side. No matter how dire the situation may seem, no matter how dark and bleak the valley may be, you have all you need within you to survive the valley -- any valley. Even though you may not know how you got into the valley in the first place, you do know, deep inside yourself, how to get through and out and free. You just need a little faith in yourself and a little guidance to find that faith within yourself. When you are at your wit's end, take this little book and let it guide you toward the ever-present but often elusive light at the end of the tunnel. Faith in the Valley is designed to help you find the light when you need it most -- when you're in that damn tunnel. When you're most confused and in the dark and clueless as to how you got there (again!) and when you're trying to figure out not just how to get out, but stay out. For good. Faith in the Valley has helped so many through so much that we felt it only fitting to issue this lovely gift edition to acknowledge the special place it holds in many hearts. Please share it with a friend who has served as your beacon in the past, or offer it to yourself as a reminder of the strength and wisdom you possess and can offer to others. Iyanla.

Acts of Faith Meditations For People of Color, Iyanla Vanzant, Nov 28, 2001, Religion, 400 pages. Beloved Friends, Acts of Faith, more affectionately known as "the purple book," has truly taken on a life of its own. It has crossed gender lines to foster understanding

The gentlewoman's choice , George MacDonald, 1987, Fiction, 220 pages. Hester Raymount was an angel of compassion to the needy. Would her own purity blind her to the deception around her? A vivid portrayal of the compassion of God..

Esperando el amor , Iyanla Vanzant, 1999, Family & Relationships, 280 pages. .

No Mirrors in My Nana's House , Ysaye M. Barnwell, 1998, Juvenile Fiction, 32 pages. A girl discovers the beauty in herself by looking into her Nana's eyes..

Yesterday, I Cried Celebrating the Lessons of Living and Loving, Iyanla Vanzant, Sep 17, 1999, Self-Help, 304 pages. What is the lesson in abuse, neglect, abandonment, rejection? What is the lesson when you lose someone you really love? Just what are the lessons of life's hard times

One Day My Soul Just Opened Up 40 Days And 40 Nights Toward Spiritual Strength And Personal Growth, Iyanla Vanzant, Sep 17, 1999, Religion, 336 pages. One Day My Soul Just Opened Up is a program of inspiration and motivation that will help you work through problems and improve your emotional and spiritual health. Through

Your death for my delight , Anoushavan J. Simonian, 1971, Fiction, 192 pages. .

Acts of Faith 1998 Thought-for-a-Day, Iyanla Vanzant, 1997, , . Based on the author's bestselling inspirational book, this new Acts of Faith Thought-for-a-Day Calendar presents 365 more daily meditations for people of color, including

Tapping the Power Within A Path to Self-Empowerment for Women, Iyanla Vanzant, 2008, Psychology, 285 pages. The revised and expanded 20th-anniversary edition of Iyanla Vanzant's first published work offers a powerful path to self-empowerment through the revitalization of one's

The Spirit of a Man A Vision of Transformation for Black Men and the Women Who Love Them, Iyanla Vanzant, May 9, 1997, Self-Help, 304 pages. A message of spiritual empowerment for African

American men combines parables, meditation, prayer, and ritual to guide them.

Don't Give It Away! A Workbook of Self-Awareness and Self-Affirmations for Young Women, Iyanla Vanzant, Jul 6, 1999, Self-Help, 128 pages. Provides meditations and affirmations designed to help young women develop confidence, self-respect, and independence.

Value in the Valley A Black Woman's Guide through Life's Dilemmas, Iyanla Vanzant, May 23, 2002, Body, Mind & Spirit, 320 pages. So you've fallen and think you can't get up! Is it the job you hate but need in order to pay the rent? Is it that relationship that you gave your all to only to end up with a

Black Pearls for Parents , Eric V. Copage, Oct 26, 2010, Self-Help, 400 pages. Meditations, Affirmations, and Inspirations for African-American Parents Eric. V Copage's Black Pearls became an instant best-seller and was the winner of the Blackboard

Actos De Fe (Acts of Faith) Meditaciones Diarias Para Mejorar El Espiritu (Meditations For People of Color), Iyanla Vanzant, Nov 14, 1996, Body, Mind & Spirit, 400 pages. Actos de Fe es un libro que inspira y conduce a la meditaci3n, explorando con gran profundidad y sensibilidad los problemas especiales que riven las personas de color hoy dA-a

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