



Jeet Kune Do: The Appalachian Way, Stanley Wayne Cox, Simon & Schuster, 2007, 0973405473, 9780973405477, 108 pages. AT LAST! BECAUSE YOU DEMANDED IT! Stanley Wayne "The Possum" Cox is bringing a hillbilly mastery to Bruce Lee's martial art of Jeet Kune Do. In "Jeet Kune Do: The Appalachian Way," you will learn about the inner game of Jeet Kune Do, including never before revealed secrets! You'll also get enlightening interviews with Bruce Lee historian Robert Handy and original student Rusty Stevens! This book is one of a kind!.

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Jun Fan/Jeet Kune Do Scientific Streetfighting, Lamar M. Davis, II, 1999, , 192 pages. The scientific art of streetfighting as developed, practiced and taught by Bruce Lee. Here are the essential theories and techniques of Jeet Kune Do, with lots of ....

Wrestlecrap The Very Worst of Professional Wrestling, R. D. Reynolds, Oct 1, 2003, Humor, 269 pages. Outrageous costumes, cartoonish characters, and scripted storylines are featured in this retrospective look at the no-holds-barred stunts pro wrestling promoters have used to ....

Wrestling's 101 Strangest Matches , Oliver Hurley, Jun 1, 2011, , 181 pages. Full of revealing interviews with the sport's past and present stars and candid shots from the world's foremost wrestling photographers, this book celebrates the game at its ....

The Ultimate Guide to Jeet Kune Do , Black Belt Magazine, Sep 1, 2010, , 147 pages. "Jeet kune do is an eclectic martial art created and refined in the 1960s and the early 1970s by Bruce Lee. Using a philosophy of 'absorb what is useful,' Lee fashioned his ....

Tao of Jeet Kune Do , Bruce Lee, 1975, Sports & Recreation, 208 pages. Gathers the thoughts of the famous martial arts expert and actor about zen and the practical aspects of self-defense..

Slamthology: Collected Wrestling Writings 1991-2004 , John Lister, Nov 1, 2005, Sports & Recreation, 276 pages. John Lister is one of Britain's most respected wrestling journalists. Mixing travelogue, humour, fiction, history and opinion, this collection brings together the best of his ....

Chinatown Jeet Kune Do, Volume 2: Training Methods of Bruce Lee's ..., Volume 2 Training Methods of Bruce Lee's Martial Art, Tim Tackett, Apr 1, 2010, , 232 pages. Revealing the secrets behind Bruce Lee's legendary martial arts system, this reference is the ideal guide to gaining technical proficiency in Jeet Kune Do. Focusing on drills ....

Jeet Kune Do Bruce Lee's Commentaries on the Martial Way, Bruce Lee, John Little, Nov 15, 1997, Sports & Recreation, 400 pages. Presents Bruce Lee's complete philosophy on the martial arts as a way of life, illustrating its principles and core techniques, and offering a treatise on the nature of combat.

Jeet Kune Do Hardcore Training & Strategies Guide, Larry Hartsell, Paula Inosanto, Oct 1, 2009, ,

208 pages. This book belongs on the bookshelves of every serious martial artist, guaranteed to elevate the reader to the highest level. In this fantastic training manual, you will ....

The Essence of Jeet Kune Do , Dave Carnell, May 1, 2011, , 160 pages. An invaluable guide for all practitioners of the art founded by Bruce Lee, explaining its origins in Wing Chun, boxing, and fencing, and detailing the gear and techniques ....

Jeet kune do entering to trapping to grappling, Larry Hartsell, Tim Tackett, 1984, , 200 pages. This book is a complete presentation of the use of jeet kune do in the close-in grappling range. Hartsell, one of Bruce Lee's original students, takes a clear cut, no-nonsense ....

Combat Sports An Encyclopedia of Wrestling, Fighting, and Mixed Martial Arts, David L. Hudson, Jr., May 13, 2009, , 379 pages. In this essential resource author David Hudson provides illuminating accounts of all of the most famous combatants, promoters, managers, trainers, moves, and events from the ....

Jeet Kune Do The Textbook, Chris Kent, Tim Tackett, Jun 30, 2008, , 237 pages. .

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