



The omnivore's dilemma: a natural history of four meals [additional copies], Michael Pollan, Penguin, 2007, 0143038583, 9780143038580, 450 pages. Today, buffeted by one food fad after another, America is suffering from what can only be described as a national eating disorder. Will it be fast food tonight, or something organic? Or perhaps something we grew ourselves? The question of what to have for dinner has confronted us since man discovered fire. But as Michael Pollan explains in this revolutionary book, how we answer it now, at the dawn of the twenty-first century may determine our survival as a species.--From publisher description..

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Hooked on Raw Rejuvenate Your Body and Soul With Nature's Living Foods, Rhio, Apr 15, 2010, , 336 pages. Rhio, a dynamic personality in the raw foods movement, offers readers a delightful, integrated wisdom about raw foods and living the raw lifestyle. In addition to over 350

Tuna Love, Death, and Mercury, Richard Ellis, 2009, Nature, 346 pages. Examines the natural history of the tuna, one of the world's most endangered marine animals, revealing how the increasing demand for sushi has caused a devastating overfishing

Food, Inc Mendel to Monsanto--the Promises and Perils of the Biotech Harvest, Peter Pringle, 2003, Health & Fitness, 239 pages. The author of Real Bullets introduces readers to the two-sided stories of eco-warriors such as Greenpeace and corporate giants concerning the new agricultural revolution of

Food in history , Reay Tannahill, 1973, Cooking, 448 pages. Surveys the evolution of man's diverse gastronomic habits, customs, and traditions against their cultural and historical background..

Food Nations Selling Taste in Consumer Societies, Warren James Belasco, Philip Scranton, 2002, Social Science, 288 pages. This original collection abandons culinary nostalgia and the cataloguing of regional cuisines to examine the role of food and food marketing in constructing culture, consumer

The Omnivore's Dilemma The Secrets Behind What You Eat, , 2010, , . Delves into facts about food, life expectancy as it relates to consumption, and global health implications resulting from food choices made by people around the world

Food and Culture A Reader, Carole Counihan, Penny Van Esterik, 1997, Social Science, 424 pages. This reader reveals how food habits and beliefs both present a microcosm of any culture and contribute to our understanding of human behaviour. Particular attention is given to

Foodopoly The Battle Over the Future of Food and Farming in America, Wenonah Hauter, 2012, Business & Economics, 355 pages. Argues that lobbyists and the consolidation and corporate control of food production is to blame for the unhealthy and unfair agricultural policies of the United States..

Consuming the Inedible Neglected Dimensions of Food Choice, Jeremy MacClancy, C. J. K. Henry, Helen M. Macbeth, 2007, Health & Fitness, 242 pages. Throughout the world, everyday, millions of people eat earth, clay, nasal mucus, and similar substances. Yet food practices like these are strikingly understudied in a

Wherever You Go, There You Are Mindfulness Meditation in Everyday Life, Jon Kabat-Zinn, 1994, Body, Mind & Spirit, 304 pages. Explains how anyone can use mindfulness--the art of living each moment fully as it happens--to reduce anxiety, achieve inner peace, and enrich life.

Feast Why Humans Share Food, Martin Jones, 2007, Cooking, 364 pages. Is sharing food such an everyday, unremarkable occurrence? In fact, the human tendency to sit together peacefully over food is actually rather an extraordinary phenomenon, and

Sex, economy, freedom & community eight essays, Wendell Berry, Oct 19, 1993, Nature, 177 pages. The celebrated essayist and poet offers a collection of essays dealing with important social issues, stressing the importance of communities, the need for diversity in local

Omnivores in the Food Chain , Alice B. McGinty, Jan 1, 2002, Juvenile Nonfiction, 24 pages. Author Alice McGinty introduces the concept of an omnivore in this book by reminding readers that they too might know someone who will eat anything! The book then skillfully

Eye of the Beast The True Story of Serial Killer James Wood, Terry Adams, Mary Brooks-Mueller, Scott Shaw, Feb 15, 1999, True Crime, 272 pages. Presents the chilling true account of an Idaho murderer, James Wood, who in 1993 abducted, raped, and killed Jeralee Underwood, the eleven-year-old daughter of a devout Mormon

Food Politics How the Food Industry Influences Nutrition and Health, Marion Nestle, 2002, Political Science, 457 pages. How does the food industry influence what people eat and, therefore, their health? "Food Politics" is a bold, unprecedented behind-the-scenes expose of one of America's biggest

How We Eat Appetite, Culture, and the Psychology of Food, Leon Rappoport, May 1, 2003, Social Science, 175 pages. Tracing culinary customs from the Stone Age to the stovetop range, from the raw to the nuked, this book elucidates the factors and myths shaping Americans' eating habits. The

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