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My Life in Tibet, Edwin John Dingle, Pilgrims Publishing, 1952, 8177692909, 9788177692907, . .

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Tibet , Kazuyoshi Nomachi, 1997, , 198 pages. The author, a professional photographer, describes the beauty of Tibet and its people, and shows a culture that is in danger of being lost forever.

China's Revolution, 1911-1912 A Historical and Political Record of the Civil War, Edwin John Dingle, 1912, History, 304 pages. A historical & political record of the Chinese civil war which overthrew the monarchy, & gave birth to modern China. Illus..

The People of Tibet , Sir Charles Alfred Bell, 1928, Tibet (China), 319 pages. The present book is an attempt to speak about the life of the Tibetan people in their own homes. The contents are leaved on the author`s first-hand knowledge of Tibetan life ....

Food in Tibetan Life , Rinjing Dorje, Jan 1, 1985, Cookery, Tibetan, 120 pages. .

Bhagavad-gita , Maha-bharata, 1846, History, . .

Tibetan life and culture , Eleanor Olson, Sep 1, 1960, Travel, 29 pages. .

Journal of a voyage to America in 1836 , Thomas Cather, 1955, , 48 pages. .

Prisoners of Shangri-La Tibetan Buddhism and the West, Donald S. Lopez, May 28, 1998, Religion, 283 pages. Looks at the travelogues, novels, spiritual guides, and scholarly studies of Tibet and Tibetan Buddhism that have proliferated in Western literature.

Tibet. Ediz. Inglese , Robert Kelly, John Vincent Bellezza, 2008, Travel, 384 pages. Complemented by easy-to use, reliable maps, helpful recommendations, authoritative background information, and up-to-date coverage of things to see and do, these popular travel ....

Across China on Foot One Man's Incredible Quest, Edwin John Dingle, Aug 1, 2007, Biography & Autobiography, 274 pages. In the early 1900s a man named Edwin John Dingle embarked on a remarkable mapping expedition of China. Overcoming incredible odds and many dangerous situations that threatened ....

Nowhere else in the world , Gordon Bandy Enders, Edward Anthony, 1935, Religion, 434 pages. .

Tibetan Nomads Environment, Pastoral Economy, and Material Culture, Schuyler Jones, 1996, , 463 pages. This book is based upon the outstanding collection of Tibetan art and artifacts housed in the National Museum of Denmark. The 200 illustrations are supported by an ....

Tibet , Julia Wilkinson, Nov 1, 1988, , 76 pages. .

Dingle claimed to have learned advanced spiritual disciplines from a Tibetan mystic, and styled himself as a spiritual teacher with the name Ding Le Mei (Chinese: 丁力美). As the President and Preceptor Emeritus of the Institute of Mentalphysics, he described himself as a "psychologist, author and philosopher".

Edwin J. Dingle was born in Cornwall, England and became an orphan at nine. As a journalist, Dingle moved to Singapore (Straits Settlements) in 1900 to cover the affairs of the Far East. He was one of the first Caucasians to go into China and to actually stay for a substantial period of time in a Tibetan Monastery. There, he learnt meditation and yoga from a teacher.

In 1910, he traveled to Tibet and stayed there for nine months. He claimed to have learned closely guarded advanced spiritual methods from the Tibetan Lamas. These techniques included the "Eight Key Breaths", a form of pranayama. He spent nearly 21 years in the Asia, in China, India, Tibet and Burma.[1]

In 1917, the North China Daily News & Herald of Shanghai published his *The New Atlas and Commercial Gazetteer of China*, which was devoted to China's "geography & resources and economic & commercial development". The book served as a standard reference for years, and was described by the *Millard's Review of the Far East* as "The biggest and best book on the resources of China".[2] After his return to England, Dingle also wrote about his experiences in the East which were eventually published as the book *Across China on Foot* by Earnshaw Books.

In 1921, Dingle settled in Oakland, California and lived in retreat till 1927. In 1927, he began preaching on what he called the "science of mentalphysics" - a "universalist spiritual development" technique based on vegetarian diet, pranayama and development of extrasensory perception.[3] This technique was purported as the ancient wisdom preserved by the Tibetan mystics. Dingle's "Institute of Mentalphysics" was incorporated in 1933-34, and a retreat center was established in Joshua Tree (then Yucca Valley), California, in 1941.[4]

Dingle also established a center at the International Church of the Holy Trinity in Los Angeles, where he taught classes and also conducted correspondence courses on "mentalphysics" across North America. As a "spiritual teacher", he adopted the Chinese name "Ding Le Mei", the name given to him in the monastery of Tibet.

**MY LIFE IN TIBET:** For twelve hundred years, one group succeeded another in the land of Tibet, each passing along to the next the mysterious wisdom of the East. The latest groups of these wise men were looking forward to the return of the brother lama who had just passed away&hellip; until the time a few score years ago, when the boy Edwin J. Dingle was born in England. From a publishing empire in Hong Kong to a mapping expedition across China and the forbidden journey into Tibet, we follow the life story of the enigmatic Edwin J. Dingle and his search for the mysteries of life; as he uncovers the hidden teachings leading to man&rsquo;s enlightenment.

The author, Edwin John Dingle, travels across China from Shanghai where he has been a journalist for some years, to this hidden temple. Here he meets his Tibetan spiritual master. A sense of calling has driven him beyond human misery to reach this holy shrine of learning. Has knowledge of the inner workings of the hidden part of the human brain been lost to all but a few guardians left isolated here in Tibet?

Writing now some thirty years later, he vividly recalls happenings of an occult nature. How do masters of meditation walk on hot rods, sit in frozen caverns, their body heat melting snow? And yet stranger, how do they leave the living world and return from a state of apparent death? We delve into the deepest chasms of the meaning of life in this exceedingly unusual book.

Although we never really find out where the story takes place, we know it most probably has its location in Eastern Tibet. The author, Edwin John Dingle spent much of his working life in China and

he converses with his mentor in the Chinese language. A boy in England and a great spiritual teacher in Tibet, what can be the link?

The story is an unusual one, with none of the usual sparkling descriptions of the country or his journey to this seat of learning isolated beyond the foothills of western Sichuan. Its focus is on the supernatural, the spiritual and the meditation that necessarily precedes any opening on to the plains of enlightenment. It is not an epic of adventure, but a strange, at times bizarre, mix of learning and study. Of devotion to a teacher, one whose powers to transcend the normal are more than apparently sincere.

Yet one cannot but help develop a feeling of mild scepticism; to do otherwise might be a failing in human reasoning. But here we are concerned with ideas and methods surrounding the supernatural, which might have been lost to all but a few chosen disciples of such powers. An open mind is sufficient to appreciate the possible and potential scope of these baffling happenings. Can man through levels of meditation above the normal sphere be capable of rising above pain, where the mind has power over the body?

We cannot easily dismiss the theme of the book as misplaced, for we are here verging on the edge of knowledge, which our naturally cynical minds could easily dismiss. Can a spiritual being reach such a high level of detached knowledge that he can leave this world and return at a time of his choosing in the future?

Indian Jewelry: Bridal Jewelry | Tourmaline Jewelry | Coral Jewelry | Amethyst Jewelry | Carnelian Jewelry | Moonstone Jewelry | Garnet Jewelry | Pearl Jewelry | Lapis Lazuli Jewelry | Turquoise Jewelry - Buy Turquoise Necklaces & Rings | Exotic India Art | Peridot Jewelry | Chalcedony Jewelry | Amber Jewelry | Labradorite Jewelry | Citrine Jewelry | Sterling Silver Jewelry

Description: Very Good. DJ Repaired. Octavo. Black titles on blue cloth.... Very Good. DJ Repaired. Octavo. Black titles on blue cloth. 194pp. The author spent a number of years in a Tibetan monastery, observing Tibetan life and studying Tibetan philosophy and meditation. Subsequently he went on to found the Science of Mentalphysics. Dust jacket is edgeworn, with numerous, mostly small, closed edge tears. magic-tape repaired and reinforced. Quite presentable within new clear Brodart sleeve.

Description: Good. 194 pages. The story of the authors time in a Tibetan... Good. 194 pages. The story of the authors time in a Tibetan temple under the tutelage of a spiritual master. Hardcover with jacket, text clean and good, some age fading to text edges, some edge wear to jacket, previous owners name at front. 8.75 by 6 inches.

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