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Illuminating the Spirit: Invite Energy and Change Into Your Life, Verna Ford, Audra Bohannon, Pushkin Management Group, 2003, 0971052409, 9780971052406, . .

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Empowered to Birth Naturally One Woman's Journey to Homebirth, Patrice A. London, Sep 30, 2008, , 116 pages. "Patrice's birth stories give readers a personal view into how labor and birth can unfold in a hospital, birthcenter, and home birth, sharing a process that touches and ....

25 Things That Really Matter in Life, Gary A. Johnson, Feb 28, 2008, , 76 pages. 25 Things That Really Matter In Life will help you identify your natural gifts and how to use them to feel better about yourself. Gary Johnson uses worksheets to outline the ....

Hungry for More A Keeping-it-real Guide for Black Women on Weight and Body Image, Robyn McGee, 2005, Health & Fitness, 218 pages. An analysis of the obesity epidemic in the African-American community draws on home wisdom and the author's experience of losing her sister after gastric bypass surgery ....

Life Lessons for My Sisters How to Make Wise Choices and Live a Life You Love!, Natasha Munson, May 6, 2005, Reference, 224 pages. In an inspirational resource, the author draws on her own personal experiences to provide valuable lessons, guidance, wisdom, observations, and advice for black women seeking a ....

Inside of Me Lessons of Lust, Love and Redemption, Shellie R. Warren, Jun 1, 2004, Biography & Autobiography, 156 pages. After multiple abortions and deep depression, Shellie Warren found healing and recovery in God. She draws young women who are dealing with sexual misuse to a place where they ....

Secrets of an Inmate's Wife , Jaki E McCalvin, Sep 1, 2007, , 332 pages. McCalvin shares her experiences as a wife whose husband has been incarcerated for many years. By not walking away from him, she entered a world she never knew existed--the ....

Real Women Have Curves A Comedy, Josefina LĐ"Ñ-pez, 1996, Drama, 80 pages. .

Toward a Deeper Meditation Rejuvenating the Body Illuminating the Mind Experiencing the Spirit, Edgar Cayce, John Van Auken, Apr 1, 2007, Body, Mind & Spirit, 232 pages. Meditation from the vital fundamentals to the most sophisticated echniques..

Prime Time The African American Woman's Complete Guide to Midlife Health and Wellness, Marilyn Hughes Gaston, Gayle K. Porter, 2003, Health & Fitness, 529 pages. Describes preventable, chronic diseases from which black women suffer, including diabetes, heart disease, and cancer, and offers self-tests, health information, and ....

Black Enterprise, Volume 3, Issues 9-12, , 1973, Business & Economics, . .

"Lead life by design, not by default― is the message that audiences take away from a presentation led by Ms. Bohannon. Business leaders, affinity groups, conference attendees, and classroom participants who have experienced a speech, facilitated session, or workshop from Ms. Bohannon rave about the renewed sense of purpose and challenge she inspires in them.

Alvarado, a 22-year banking veteran, assumed his current role in July 2011. Prior to being named president for the Orange County Community Bank, Alvarado served as area president for the Long Beach Coastal Community Bank. He also has served in various positions at the company, including retail bank district manager for the Pasadena and South Bay markets; commercial loan officer; sales development coach; banking store manager; personal banking officer, and bank teller.

Alvarado earned his bachelor's degree at California State University, Long Beach, and an MBA from Pepperdine University. Alvarado is active in the community and serves on the board of directors for Orange County United Way; the advisory board for Miller Children's Hospital Long Beach; the board of directors for Bundles of Books in Los Alamitos; and the alumni board for La Salle High School in Pasadena.

Daniel Ayala is Executive Vice President and business unit manager for Wells Fargo's Global Remittance Services group. He manages product development, product management, operations and customer service for Wells Fargo's consumer remittance service activities. Ayala and his team manage the Wells Fargo ExpressSend service and other products focused on consumer remittances to Asia and Latin America.

Over the past ten years, Ayala has emerged as a renowned consumer remittances expert and has been widely recognized as a key industry leader by regulators, the media and academia. He is a founding senior leader for Wells Fargo's Latino team member resource group "Amigos―. He has represented various lines of business in the Corporate Diversity Council. Ayala has also represented Wells Fargo in various non for profit organizations, including most recently, the Tomas Rivera Policy Institute (TRPI). In 2013, Ayala became a member of the Community Bankers Association (CBA) â€" Graduate School of Retail Banking Management School faculty.

He earned a bachelor's degree in computer science from DePaul University in Chicago, Illinois and an MBA from Nova Southeastern University in Fort Lauderdale, Florida. Ayala is a Certified Cash Manager (CCM) with the Association for Financial Professionals. He is a graduate member of the Wells Fargo Diversified Products Management Development program. He is also a graduate of the Graduate School of Retail Bank Management – Class of 2010. He co-invented the Global Remittance Platform which was granted US Patent protection in 2013. Ayala has traveled to more than 45 countries around the world and in the past, he has lived in BogotÃi, Colombia; Caracas, Venezuela; Chicago, Illinois; and Miami, Florida. He currently lives in the San Francisco Bay Area in California.

Carlos Barbosa serves as Market Manager for Wells Fargo Central Texas Commercial Banking and leads sales and marketing efforts and day to day operations. Carlos has served Wells Fargo in various capacities in San Antonio and Austin since 1998, and started his banking career in 1994 as a commercial banking Credit Analyst.

Carlos serves on the Board of Directors for Big Brothers Big Sisters of Central Texas, and is a graduate of Leadership Austin. Carlos served on the Board of the Child Guidance Center of San Antonio. Carlos also served on several boards at UTSA, including the Athletics Advisory Council, Co-Chairman of the Center for Student Professional Development, and President of the Roadrunner Athletic Fund.

Sheryl Battles is Vice President, Corporate Communications for Pitney Bowes Inc. She is the lead communicator for the President and CEO and provides strategic communications support for the

CFO and other senior executives. She is also responsible for multiple facets of communications including: financial, crisis, reputation management, and diversity communications.

Among her many awards, Battles received Pitney Bowes' highest employee honor -- Walter H. Wheeler, Jr. Award and is also a national recipient of the Donald H. McGannon Award from the National Urban League. Battles, a National Achievement Scholar, holds a BA in Human Biology from Stanford University.

Ms. Bohannon joins Korn/Ferry from Global Novations, where she has proved to be a strategic and inspirational leader for the business. A respected author, business consultant, leader, coach, and facilitator, Ms. Bohannon's deep expertise in diversity and inclusion issues and how they impact and propel business performance makes her a sought-after speaker and teacher. She excels at connecting with and inspiring both large groups and individual contributors to move beyond reflection to learning and action.

Ms. Bohannon began her career in the retail sector, and her broad experience extends to the airline, banking, food service, financial, healthcare, insurance, manufacturing, non-profit, and technology sectors. She has written many articles and white papers and, along with Verna Ford, co-authored "Illuminating the Spirit: A Guided Journey.― Ms. Bohannon's commitment to personal development extends to her community where she teaches EfficacyTM principles and leadership skills.

Michael De La Fuente is a financial advisor for the Private Client Group of Wells Fargo Advisors. There he builds, manages, protects, and transitions the wealth of this select group of clients, their families, and businesses. He also is Chairman of the Central Texas Latin Connection, a team member network dedicated to empowering the Latin workforce within Wells Fargo through community action, leadership training, and development.

Timmothy M. Dickens retired from active duty as a Chief Master Sergeant with the U.S. Air Force on 1 July 2008 after 32 Years of faithful and honorable service. Currently, he is President–CEO of DICKENS Consulting GroupLLC whose primary focus is "Capacity Building― by assisting individuals, groups, teams and organizations recognize, realize and reach their truest potential.

He holds several certifications in many areas to include: Myers Briggs Type Indicator (MBTI®) Step I/II, Emotional Quotient Indicator (EQ-i) 2.0, Effective Facilitation, Executive & Business Coaching, Career Coaching & Sales Training, as well as being a Master Certified Resiliency, Leadership & Executive Coach Trainer.

A few of his current and previous clients include the NFL Players Association (NFLPA), the Universities Space Research Association (USRA), the Defense Information Systems Agency (DISA), the US Department of Veterans Affairs (VA), Enterprise Rent-A-Car, and the Federal Deposit Insurance Corporation (FDIC).

John is a 29-year veteran of the Air Force and Texas resident for many years. During his Air Force career, he spent most of his time in the training and education business. He was a pilot and amassed over 3,500 hours in both helicopter and fixed wing jet aircraft, and retired in the rank of colonel. Upon retirement in 2000, he spent two years as the commandant at a military academy in Virginia, Randolph-Macon Academy. He moved back to San Antonio in 2002 and began his career at USAA in military marketing.

John received his BS from Southwest Texas State University and an MA in Communication and Management from the University of Oklahoma. He also attended numerous military schools, including Squadron Officer School, Air Command and Staff College, Air War College and numerous flying training programs in a number of different aircraft.

Ben Echegoyen, CFP®, is a financial planner with Vanguard's Institutional Financial Planning Services Group. His primary responsibilities are to develop and deliver financial education

workshops to employees of Vanguard's Institutional Retirement Vanguard s Plan Services clients in both English and Spanish. He conducts financial planning workshops for clients throughout the United States, Puerto Rico, and other countries around the world. He has more than ten years of financial services experience.

He also founded Brand Camp University in 2008 and has grown it into the largest personal branding conference in the Midwest. He has since expanded the conference to Boston, New York, Las Vegas and Austin. He recently founded Student Ventures to teach middle and high school students in underserved communities to code and launch startups.

His client list includes: Walt Disney, Pitney Bowes, the U.S. Department of Defense, Iowa State University, University of Michigan - Ross School of Business, Davidson College, University of Detroit and more. He has been featured in the Wall Street Journal, TechCrunch, Mashable and CNN Tech Money on the subject of startups, digital technology and branding.

Alice graduated from the United States Military Academy (USMA) at West Point and served in the Army for over 5 years. Alice led a postal team stationed at the northernmost part of South Korea. Alice then managed the operations at the San Antonio Military Entrance Processing Station while earning a MA in International Relations from St. Mary's University as a Distinguished Graduate. Selected as a USMA Minority Outreach Officer, Alice attended numerous college fairs and national conferences.

Bernie played an integral role in the acquisition and integration of Group 1 Software in 2004, Emtex in 2006, and MapInfo in 2007. He has a B.S. in Computer Science and Engineering from the University of Connecticut, an M.S. in Computer Science from Rensselaer Polytechnic Institute, and a M.S. in E-Commerce from the University of Maryland.

Tammy Nunn Haynie, Diversity + Inclusion Program Manager, BASF, has an extensive background and proven track record in driving Talent Acquisition and Diversity and Inclusion initiatives. Tammy heads up the Mentoring Program for BASF in North America in addition to various strategic, retention, and diversity and inclusion programs. She has oversight for the company's Employee Resource Groups, diversity advertising, supports diversity recruiting and community outreach, and serves as an Advisor to the BASF North American Diversity Council. Prior to working for BASF, she spearheaded recruitment and diversity initiatives in the corporate and non-profit sectors where she managed and executed talent acquisition on all levels from pre-professional to executive level recruiting, mentoring, retention programs and career development programs. Born in Daytona Beach, Florida, she is a proud HBCU graduate of Bethune-Cookman University. Presently she resides in New Jersey with her husband and two teen-aged daughters.

As the Vice President of Finance and Treasurer for Tesoro Corporation, Tracy Jackson is responsible for capital market transactions and analysis; capital structure planning; financial covenant analysis; bank, rating agency and bondholder relations; interest rate and foreign exchange risk management; cash forecasting; debt and investment management; and treasury operations.

Tracy is a Certified Public Accountant, a Certified Internal Auditor and Certified Information Systems Auditor. Tracy is also a certified IIA Quality Assurance Reviewer and recently obtained her ITIL (Information Technology Infrastructure Library) Certification. Tracy attended UTSA where she earned an Executive MBA in 2012 and her undergraduate BBA in Accounting in 1993.

Senior Vice President, Laura Jaramillo is the Southwest Region Community Development Manager in Government and Community Relations at Wells Fargo & Company. Jaramillo is responsible for supporting the economic development, housing, workforce development and small business needs of low- to moderate-income communities, by connecting the community with the right products and services. Jaramillo manages a community development team across four states – Texas, Arkansas, New Mexico and Southern Arizona.

Jaramillo has a strong commitment to her community through her extensive board service. She

currently serves as the Chair of Houston Local Initiatives Support Corporation (LISC), the Houston Foreclosure Prevention Task Force, and is on the Executive Committee of the Texas Foreclosure Prevention Task Force.

Jaramillo is also a board member on the Texas Council on Economic Education, Texas Mezzanine Fund, Recipe for Success, and the Association for the Advancement of Mexican Americans. She has served on various committees for the Center for Houston's Future including the Community Future Awareness Committee, and an 18 month Scenario Planning Project for the Greater Houston Region. She was also appointed as the Board Chair of the Houston Housing Authority, by Mayor Bill White.

Jeanne Kozalek has been a part of the Nationwide Insurance team for eighteen years. A native of Columbus, Ohio, Jeanne began her career processing medical insurance appeals, but quickly discovered a passion for training and developing others. She has focused on leader development for the past six years, facilitating sessions on such topics as leading change, driving performance, managing conflict, and mentoring. She has helped organizations across Nationwide understand and institute mentoring programs, both from a mentor and a mentee perspective.

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