



Chakra Cards: Spiritual Guides Towards Inner Harmony, Cees Weteling, Binkey Kok, 2009, 9078302259, 9789078302254, 112 pages. Chakras are the body's seven natural energy centers that help determine our physical, mental and spiritual health. From the tailbone to the crown of our head, energy flows through our body via all the chakras. But chakras can also narrow or close themselves which limits or blocks the flow of energy, bringing us out of balance. Whoever understands the language of the chakras, holds the key towards recovery. This package includes a detailed book and 49 full-color chakra cards. The cards represent the seven basic chakras and their associative meaning. Through various associations, the cards tell us how to become familiar with the chakras, which signals they are sending out and how we can apply these to ourselves. For each chakra there is a card that: * Provides a visual overview showing its physical location * Presents the gemstones and minerals whose energy activates the chakra * A depiction of the experience of nature and the ethereal oils to which each chakra is related * The animal spirit associated with the chakra * Its corresponding planet which has the same energy of the chakra * The archetype -- the specific type of human in whom the chakra is mirrored (excluding the seventh chakra because no one resides on this level). * The mudra -- the hand positions that give an extra boost to the chakra's energy.

DOWNLOAD [HERE](#)

Archangel Oracle Cards A 45-Card Deck and Guidebook, Doreen Virtue, Apr 1, 2004, . Archangels are very powerful, wise, and loving guides who can motivate and heal you in miraculous ways. This deck of 45 oracle cards by Doreen Virtue will familiarize you with

Gee's Bend The Women and Their Quilts, John Beardsley, 2002, Art, 432 pages. Since the 19th century, the women of Gee's Bend in southern Alabama have created stunning, vibrant quilts. Beautifully illustrated with 350 color illustrations, 30 black-and

Meditation The First and Last Freedom, Osho, Dec 17, 2004, Body, Mind & Spirit, 320 pages. Introduces a series of practical, step-by-step guides to ancient and modern techniques of meditation, from Buddhist and Sufi practices to Osho's own Dynamic Meditation and

Vegetarian Meals on the Go 101 Quick and Easy-Recipes, Vimala Rodgers, May 1, 2002, , 183 pages. Provides 101 easy-to-follow recipes for time-conscious vegetarians, explains how to stock a pantry, and offers tips on healthy eating..

Chakra Oracle Card Pack An Ancient System for Inspiration and Well-being, Ambika Wauters, Oct 1, 1996, Chakras, 64 pages. New from the author of The Angel Oracle. Chakra means "wheel of light" and refers to the vortices of energy within the Human Energy System that feed and nourish physical

Mystic Dreamer Tarot , Heidi Darras, 2008, Body, Mind & Spirit, 240 pages. Imagine strolling through a dark wood, the silver moonlight bathing your path in an ethereal glow. Now is the time to call upon your intuition and explore hidden realms of

Yoga Nidra The Meditative Heart of Yoga, Richard Miller, 2005, Health & Fitness, 91 pages. This fascinating exploration into the meditative state of mind-body union at the heart of all yoga practice helps students experience deep relaxation from day-to-day stress

The Book of Chakras Discover the Hidden Forces Within You, Ambika Wauters, Apr 1, 2002, , 128 pages. Understanding chakras is an effective first step in harnessing every human being's hidden life-changing energies and employing inner powers for spiritual and physical healing

Ask Your Guides Oracle Cards The Direct Link To Your Personal Psychic Support System, Sonia Choquette, Mar 1, 2005, , 52 pages. Ask Your Guides is a 52-card psychic-intuitive oracle card deck (with accompanying guidebook) based on the traditional minor arcana of the tarot. The deck is designed to not

Shadowsapes Tarot , , May 8, 2010, Body, Mind & Spirit, 264 pages. Surrender to the fantastical world of your deepest dreams . . . where butterflies float upon shifting mists set aglow by the rising sun. A place where twisting branches arc

The Complete Guide to Chakras Unleash the Positive Power Within, Ambika Wauters, Apr 1, 2010, , 144 pages. Describes how to gain holistic control of both body and mind through harnessing chakras--energy centers in the body that can influence personal development and health--using

<http://eduln.org/2001.pdf>
<http://eduln.org/2384.pdf>
<http://eduln.org/1258.pdf>
<http://eduln.org/4405.pdf>
<http://eduln.org/5972.pdf>